

Services:

Parenthood Training:

- Healthy Pregnancy
- Pre/ Postnatal Nutrition and Care
- Healthy Relationships
- Labor & Delivery
- Breastfeeding & Baby Care
- Caring for Infants and Toddlers
- Childbirth Preparation Classes
- Supported & Supervised "hands on" Infant Care during the Postpartum Weeks
- Child Development Instruction

Education:

- Junior/High School Academics
- Preparation for Civil Service Exams
- GED Preparation

Life Skill Development:

- Meal Preparation
- Budgeting
- Housekeeping
- Career Planning

Community Resources and Outreach:

- Mentoring
- Teen Outreach Pregnancy Services (TOPS)
- Networking and Peer Support
- Family planning
- Head Start

“Nothing is impossible,
the word itself says...
I’m Possible!”

-Audrey Hepburn

Against All Odds
Youth & Family Services

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Inspiring our youth's growth and development



Agency Overview:

Against All Odds Youth Family Services is licensed to serve young ladies from ages 0 to 17; we are dedicated to serving dependent, neglected, abused and abandoned girls who are unable to make a successful adjustment/transition into their natural homes or foster care homes.

Our program is designed to encourage positive change and growth through a series of educational, recreational, pro-social and supportive services in a warm, caring, secure and structured environment.

Agency Mission:

Inspiring our youth's growth and development

Steps to Self-Sufficiency

Because many young mothers drop out of school and lack a basic education, they are on a course for a life of poverty, under-employment or low-wage employment. They are vulnerable to abuse by others, and because of their lack of maturity may subject their children to unhealthy situations. Without safe, secure, supportive and appropriate places to live, teen mothers are often challenged to take the steps needed to become self-sufficient.

Parental Training –

Each young mother will participate in Parenthood instruction and education. These trainings session aid to equip young parents with practical and relational life and parenting skills. We encourage young mothers to make healthy decisions that positively impact their futures. Instruction focuses on the following:

- Child Nutrition
- Child Safety
- Child Guidance and behaviour management
- Child education and development

Life Skills –

An important goal of our enhanced group home program is to help each young mothers towards achieving her greatest potential as an adult. Young parents will participate in the AAO Development Program. This program helps youth prepare for living on their own within the community. Through the Life Skills sessions, the young parents learn the following:

- Money management
- Job interviewing and job maintenance skills
- Knowledge of community resources
- Health care systems
- Human sexuality issues
- Legal obligations

Education - Academic & Vocational:

All young mothers will attend High School/ GED, College, Vocational School or maintain a job while living in the group home. Staff members assist the girls and encourage them in their academic pursuits. We provide young mothers with a safe place to live and services to meet their educational and vocational needs in order to successfully integrate into the workforce.

Additional Educational Resources:

Head Start-

Head Start provides parenting and child development education using Parents As teachers curriculum.

Arizona Parent Kit -

All youth are introduce to the Arizona Parent Kit in hopes to exposes to them to various healthy parental technique's. This kit provides reliable child development and health information., education and communal resources.

Casey Life Skills -

Casey Life Skill is a tool to assess a youth's competency toward achieving their long-term goal and aids in furthering a youth's independent living/ life skills knowledge.

Social/Recreational:

A variety of opportunities for social and recreational activities are also available to the young mothers we serve. We strive to place our young mothers in the most pro-social and diverse environments in order to reinforce and promote cultural diversity, awareness and understanding.